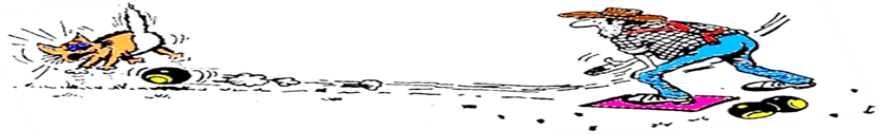


# Carnamah Mat & Eneabba News

14 February 2024

**\$1.50**



## Lake Logue near Eneabba



# ★ ≡ ADVERTISING COSTS ≡ ★

## Advertising Rates 2022-2023

	Commercial	Community / Private
Quarter page black and white	\$9.50	\$7.00
Quarter page colour	\$28.50	\$24.00
Half page black and white	\$16.50	\$13.50
Half page colour	\$58.00	\$49.00
Full page black and white	\$30.00	\$27.50
Full page colour	\$115.00	\$98.50



The Carnamah Mat and Eneabba News is a Community Publication. It relies on information and articles from the public. Deadline is Tuesday lunchtime. Let us know what is happening in your community

Contact us:  
[onthemat@carnamah.wa.gov.au](mailto:onthemat@carnamah.wa.gov.au)

*"The views provided in this publication are the views of the individuals who contributed the information relating to those views. These views are not necessarily endorsed by Council or the Editor. Similarly, the Shire of Carnamah accepts no responsibility for information provided by third parties."*



# Shire of Carnamah Council

## Meeting Dates for 2024



Date	Time	Location
21 February	4:00pm	Carnamah Council Chambers
20 March	3:00pm	Eneabba Tennis Club
17 April	4:00pm	Carnamah Council Chambers
15 May	4:00pm	Carnamah Council Chambers
19 June	4:00pm	Carnamah Council Chambers
17 July	4:00pm	Carnamah Council Chambers
21 August	4:00pm	Carnamah Council Chambers
18 September	4:00pm	Carnamah Council Chambers
16 October	4:00pm	Carnamah Council Chambers
20 November	4:00pm	Carnamah Council Chambers
18 December	4:00pm	Carnamah Council Chambers



# ☆☆ *WHAT'S ON THIS WEEK* ☆☆

## **Thursday 15th February**

9am—12pm      Lions Op Shop at 42 Macpherson Street

## **Friday 16th February**

9am—12pm      Lions Op Shop at 42 Macpherson Street  
5.30pm—8pm    Blue Light Pool Party in Coorow

## **Saturday 17th February**

3pm      Social Tennis

## **Sunday 18th February**

9am      Church Service

## **Monday 19th February**

9am—12pm      Lions Op Shop at 42 Macpherson Street  
1pm      Seniors Activities at the Old Police Station  
Anniversary of the Bombing of Darwin

## **Tuesday 20th February**

9am—12pm      Lions Op Shop at 42 Macpherson Street  
9am      Indoor Bowls at the Recreation Centre  
2pm      Carnamah Men's Shed in Forrester Avenue

## **Wednesday 21st February**

9am—12pm      Lions Op Shop at 42 Macpherson Street  
4pm      Ordinary Council Meeting at the Shire of Carnamah

## **Coming Soon**

22nd February	North Midlands Agricultural Society Meeting
26th February	Community Opportunity Workshop at the Bowling Club
2nd March	Chamberlain 9g Tractor Club of WA AGM
3rd March	Anniversary of the Bombing of Broome
11th March	Coorow Ladies Golf AGM
20th April	Friends of North Midlands Health Service Cake Stall





## THREE SPRINGS ARRINO RSL

### Date for Flag at Half Mast

19 <sup>th</sup> February	BOMBING OF DARWIN
27 <sup>TH</sup> July	KOREAN VETERANS DAY
18 <sup>th</sup> August	VIETNAM VETERANS DAY
31 <sup>st</sup> August	MALAYA & BORNEO VETERANS DAY
3 <sup>rd</sup> September	MERCHANT NAVY DAY
4 <sup>th</sup> September	BATTLE FOR AUSTRALIA DAY
14 <sup>th</sup> September	NATIONAL PEACEKEEPERS DAY
11 <sup>th</sup> November	REMEMBERANCE DAY



Department of  
Health



**DO YOU  
KNOW  
WHAT  
YOU'RE  
VAPING?**

[healthywa.wa.gov.au/vaping](http://healthywa.wa.gov.au/vaping)

## **THE BOMBING OF DARWIN 19<sup>TH</sup> FEBRUARY 1942**

The Bombing of Darwin, also known as the Battle of Darwin,<sup>[1]</sup> on 19 February 1942 was the largest single attack ever mounted by a foreign power on Australia.<sup>[5]</sup> On that day, 242 Japanese aircraft, in two separate raids, attacked the town, ships in Darwin Harbour and the town's two airfields in an attempt to prevent the Allies from using them as bases to contest the invasion of Timor and Java during World War II.

Darwin was lightly defended relative to the size of the attack, and the Japanese inflicted heavy losses upon Allied forces at little cost to themselves. The urban areas of Darwin also suffered some damage from the raids and there were a number of civilian casualties. More than half of Darwin's civilian population left the area permanently, before or immediately after the attack.<sup>[6][7]</sup>

The two Japanese air raids were the first, and largest, of more than 100 air raids against Australia during 1942–1943. The event happened just four days after the Fall of Singapore, when a combined Commonwealth force surrendered to the Japanese, the largest surrender in British history.

## **THE BOMBING OF BROOME 3<sup>RD</sup> MARCH 1942**

The tiny pearling port of Broome, Western Australia, became a transit stop on the escape route for refugees fleeing the Japanese advance in the Netherlands East Indies. On Tuesday morning, 3 March 1942, ten Japanese aircraft attacked both the airfield there and the flying boats refuelling at anchor on nearby Roebuck Bay. In an attack lasting an hour the Japanese fighters destroyed 16 flying boats on the bay and six aircraft on the ground.



# COMMUNITY GROUPS



**Astrotourism** (Stargazing locations Macpherson Homestead and Yarra Yarra Lookout)

Contact the Shire of Carnamah 9951 7000

**Carnamah/Coorow Basketball Association** (Summer Season)

Contact Barb Smallwood 0459 222 235

**Carnamah Historical Society** (The Museum and Macpherson Homestead)

Contact George Fowler 0439 966 040 or 99 511 690

**Carnamah Lions Club and Op Shop** (42 Macpherson Street) (New Members Welcome)

Contact Dot Camerer 0407 955 440

**Carnamah Men's Shed** (Forrester Avenue) 2pm Tuesdays

Contact Lindsay Isbister 0428 306 969

**Carnamah Netball Club** (Winter Sport)

Contact Amy Stephens 0400 660 831

**Carnamah/Perenjori Football Club** (Winter Sport)

Facebook : Carnamah/ Perenjori Football Club

**Carnamah Swimming Club** (Summer Sport)

Contact: Bee Campbell

**Carnamah Tennis Club** (Summer Sport)

Contact: Brendon Haeusler

**Carnamah Tourist Information Centre** (Open during Wildflower Season July–Oct)

Contact Sue Sivyer 0427 099 913

**Carnamah Women's Hockey Club** (Winter Sport)

Contact Barb Smallwood 0459 222 235

**Create in Company** (Art Group that meets at the Exchange Wednesday mornings about 10.30am)

**Friends of North Midlands Health Service**

Contact Brenda Bowman 0427 511 339

**Indoor Bowls** (Tuesday Mornings)

Contact Joseph Gray 0427 933 434

**North Midlands Agricultural Society**

Contact Angela Dring 0400 927 800

**North Midlands Project** (The Exchange and Art Gallery Space)

Contact Andrew Bowman-Bright :hello@northmidlands.org.au

**North Midlands Project Technology Hub** (The Exchange)

Contact Richelle Essers 0428 921 464

**Patchwork and Quilt Group** (At the Old Police Station)

Contact Maxine Philbey

**Scribes of North Midlands** (Writing Group at The Exchange every 2nd Thursday)

Contact Marcelle Billingham 0409 345 434

**Seniors Activities** (At the Old Police Station)

Contact Maxine Philbey

**St John Ambulance** (Looking for Volunteers)

Contact Merle Isbister 0428 511 030



ACT BELONG COMMIT

# Lunch, Launch + Workshop

WITH GLENDA BLYTH

FREE, NO RSVP REQUIRED

All are invited to join Glenda for lunch, see her exhibition and take part in a workshop to make your own fibre artwork. The workshop will be focusing on making a basket but will also touch on making a platter, wreath, garland or a 3D piece – so many possibilities!

There is no cost or booking required to attend the lunch, launch or workshop, just come along to to one or all three activities.

## Saturday 24th February

**Lunch + Launch 12 to 1pm at The Bank Gallery, 8 Macpherson Street, Carnamah**

**Workshop 1pm to 4pm at The Exchange, 4 Macpherson Street, Carnamah**

If you're attending the workshop you are encouraged to bring natural materials from your garden and/or farm to explore their use for basketmaking and fibre art. Garden prunings are great, as are grasses. You will also be invited to contribute to an exciting, collaborative artwork that Glenda is co-ordinating during her time in the North Midlands.

*"I would love if you could join us for lunch, the exhibition launch and workshop. Come and learn new creative skills in a relaxing atmosphere. There's always lots of chatter and laughter as we stitch away making our baskets." - Glenda*





## COMMUNITY BUILDERS PROGRAM

NORTH MIDLANDS | WA



*Carnamah*

### COMMUNITY OPPORTUNITY WORKSHOP

This **'Community Opportunities Workshop'** is an opportunity for the people of our community to get together and think about the current directions of the area, and discuss where we would like to see the district go in the future.

## Your opinion & input matters!

### It is open to everyone!

The MORE people involved, the greater the opportunity to develop a cohesive vision.

We will discuss many of the issues that affect our future - topics such as ***economic development, tourism, children, the aged, the environment, agriculture, growth and decision making processes*** - in fact, any issues you believe may have an impact on the future direction of our community!

**26th February**  
**Carnamah Bowling Club**  
Niven Crescent | Carnamah

**5.30pm | Light Supper**  
**6.00pm - 9.00pm | Workshop**  
Bar will be available for cold drinks

Enjoy a complimentary  
light supper plus  
coffee & cake

### Who should come:

Everyone... Community groups, employers, businesses, employees, residents, new comers, parents & children... **everyone is welcome to this conversation!**

**This event is designed to be a positive forum for local people!**

**Bring along:**

**1 a can-do attitude 2 your enthusiasm 3 motivation & 4 ideas to help start conversations & change in your community!**

### RSVP ESSENTIAL

**Carole Rayner 0428 511 028 | Barb Smallwood 0459 222 235**

THIS EVENT HAS BEEN PLANNED BY LOCAL RESIDENTS IN PARTNERSHIP WITH



*.Building Stronger Rural Communities Together*



Carnamah – Coorow  
Blue Light WA™  
Unit presents



# Evening POOL & PIZZA PARTY!



Join us for a refreshing  
splash and some  
delicious pizza!

**WHEN** Friday 16<sup>th</sup> February  
5.30 – 8.00pm

**WHERE** Coorow Swimming Pool



Free pool entry



Pizza and soft drinks provided



Children aged 10 and under must be supervised by an adult.

Children aged 5 and under must be accompanied by a parent/guardian in the water at all times.

**FREE**



FRIENDS OF THE NORTH MIDLANDS HEALTH SERVICE

Invite you to their

## CAKE STALL & RAFFLES

9.00am

Saturday 20 April 2024

Carnamah Town Hall



Raising funds to enhance the lives of residents, patients and staff at the North Midlands Health Service.



**ALL DONATIONS MUCH APPRECIATED**

Your presence especially, plus any cooking, sewing, plants, flowers, preserves and other items of interest.



Please ring Rhonda Bastian 0427 541 061 or Brenda Bowman 0427 511 339 for information or collection of your donations. Thank you. **LOOKING FORWARD TO SEEING YOU THERE!!!!**

# Foliar Nitrogen and Nutrition Workshop

Presented by Joel Williams of Integrated Soils



**Please join us for a full-day workshop with internationally renowned plant and soil health educator Joel Williams as he takes us into the world of nitrogen nutrition and foliar feeding to improve nitrogen use efficiency for broadacre farming**

## **Topics covered including:**

- Why Foliar Nitrogen
- Uptake & utilisation of different forms of Nitrogen
- Foliar fertilisation: the benefits for plants and soil
- Foliar feeding: limitations and opportunities
- Plant analysis - Testing Brix levels and using plant sap analysis
- Designing successful foliar applications
- Urea based foliars
- Nitrogen use efficiency: Soil vs Foliar
- Plenty of time for questions & discussion

**Morning Tea  
and lunch  
included in ticket  
price**



**Book now  
to secure  
your spot**

**When: Wednesday 6th March**

**Where: Perenjori Sports Pavilion**

**Time: 9.00am til 4.30pm (registration from 8.30am)**

Thanks to RegenWA, we have been able to heavily subsidise tickets:

**Cost: \$55 for farmers, \$75 for industry**

Online ticket booking at:

<https://events.humanitix.com/foliar-nutrition-with-joel-williams>

For more information please contact Lizzie King  
0408 934153 or [landcarecoordinator@yarrayarracatchment.org.au](mailto:landcarecoordinator@yarrayarracatchment.org.au)

This Regenerative Agriculture event is made possible thanks to RegenWA and funding from Lotterywest. RegenWA is powered by the Perth NRM Collective Impact Program with funding from Lotterywest, and Commonland.





## **Chamberlain 9G Tractor Club of WA Inc. JOIN US FOR OUR 25<sup>th</sup> ANNIVERSARY**

The Chamberlain 9g Tractor Club is looking at doing a back to Alice Springs Trek, to be part of the Alice Springs Hall of Fame Transport Museum 30-year celebrations in August 2025.

It will be our Club's 25th Anniversary.

Run on similar lines to our first trek from Steep Point to Byron Bay in 2000, we are looking for any new and old participants that would like to join us.

The trek will be approximately over 8 weeks, this will be firmed up in the future as to starting dates duration and start of celebrations in Alice which our Club will be part of. We are looking at approximately 20 Chamberlains, preferably in keeping with our 9g Chamberlains but other models are most welcome. Most of our trekking is on back roads with the majority being gravel where we can and involves quite a few bush camps.

"Living the Dream" is our motto but during our fun time's, we are raising funds for the Royal Flying Doctors and Children's Hospitals.

*We are aiming to get some numbers before our AGM on the 2<sup>nd</sup> of March 2024 which will be held at the Dongara Hotel at 3pm.*

For more information or to register your interest please contact Hugh Campbell

0427 931 058 or email [chamberlain9g@westnet.com.au](mailto:chamberlain9g@westnet.com.au)

Trekking history can be obtained from our website: [www.chamberlain9g.org.au](http://www.chamberlain9g.org.au)



# **NO ONE PLANS A**



**MAKE EVERY JOURNEY SAFE**



# NORTH MIDLANDS AGRICULTURAL SOCIETY

## MEETING 7PM



**Thursday 22<sup>nd</sup> February 2024**

Venue: TBA, watch this space and Facebook page

Come along and support agriculture in our community.

NMAS is about providing families, friends and community members with the opportunity to connect to our agricultural industry.

Royal Agricultural Society of WA theme this year is "No Farms, No Food".



If you would like to be involved in keeping the agricultural awareness alive, come along to our meeting and bring a friend with you. We work along side a variety of community groups to create



events such as Monster Stalls, Cake Stalls, Country Carnivals and Art Exhibition. In the past we have held a large scale Agricultural Show, Rodeo, Ute Parade and Tractor Pulls. As well as have horses and a variety of livestock involved.



Apologies to Angela Dring or Laura Rudd

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### **COOROW LADIES GOLF CLUB**

## **NOTICE OF ANNUAL GENERAL MEETING**

**MONDAY 11 MARCH 2024, 9.00am**

**At the Banksia Room, Coorow Community Centre**

Apologies and enquiries to President M Broun on 0429 115 857

All members and ladies interested in playing golf this season are most welcome to attend the meeting.

The Golf season commences in April and ladies play on a Thursday in Coorow.

New players warmly welcome to this fun and active club.

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## MOVE MORE CONNECT MORE

LIVELIGHTER

### LiveLighter® Move More Campaign

*Being active is great for the body & mind*

*If you are ready to get a little more movement into your day, we are here to help!*

**Move More** encourages people to discover what motivates them to move, aiming to encourage West Australians to be more active. The campaign highlights the positive and immediate benefits of being more physically active such as:

- Improving mental health
- Having more energy
- Boosting our mood
- Helping us sleep better
- Connecting with others
- Feeling stronger to do everyday tasks with ease

Move More was launched in January 2023 and the latest phase of this campaign has just been launched, and shows members of the public telling their movement stories.

These '**Move More Champions**' aim to inspire us all to find our movement passions through short online videos as well as activities via the LiveLighter® website.

#### **Free workout guides & plans**

There are so many different ways we can move our bodies.

The key is to find something we enjoy doing that fits in to our schedule and lifestyle.

To assist you in rediscovering the joy of movement LiveLighter® have developed various resources to suit everybody. These include:

- A free workout builder – get your free custom video workout!
- Workout plans
- Workout playlists – with our range of Spotify playlists helping get you in the zone
- How to videos
- Physical activity calculator – to find out if you are meeting Australia's current physical activity guidelines

To find out more: [livelighter.com.au/being-active](https://livelighter.com.au/being-active)



This Wave of the campaign will run from **21 January – 9 March 2024** on social media and digital channels (including digital video, digital audio and online)



[@LiveLighterCampaign](https://www.facebook.com/LiveLighterCampaign)



[@Live\\_Lighter](https://twitter.com/Live_Lighter)



[@livelightercampaign](https://www.tiktok.com/@livelightercampaign)



[@livelightercampaign](https://www.instagram.com/livelightercampaign)



[@LiveLighterCampaign](https://www.pinterest.com/LiveLighterCampaign)

**For more information about cancer symptoms, visit [www.findcancerearly.com.au](https://www.findcancerearly.com.au) or call the Cancer Council Information and Support Line on 13 11 20.**



Government of **Western Australia**  
Department of **Health**

**Call us on 13 11 20**  
[findcancerearly.com.au](https://www.findcancerearly.com.au)



**Free & Confidential Service**

## **Rural Support Services for Children, Young People & Mature Minors**

***Servicing the North Midlands region, including Dongara, Mingenew, Mullewa, Yalgoo, Morawa, Coorow, Perenjori, Carnamah, Three Springs, and Eneabba.***

Desert Blue Connect offers free counselling and support services to children, young people and mature minors in the North Midlands region. Our services can be tailored to the individual, group or setting.

### **Counselling**

Our confidential child counselling services is for children, young people and mature minors who have experienced family and domestic violence or sexual abuse, or are displaying problematic or abusive sexualised behaviours. Our counselling promotes safety, empowerment, healing, and recovery.

### **Protective Behaviours**

Our child counsellor also provides child focused sexual abuse prevention, education and early intervention.

### **Make An Appointment**

Phone: (08) 9964 2742

Mobile: 0499 732 281

Email: [info@desertblueconnect.org.au](mailto:info@desertblueconnect.org.au)

### **Other Support Services**

Your local GP

GRAMS: (08) 9956 6555

Kids Helpline: 1800 551 800

Parenting WA: (08) 6279 1200 or  
1800 654 432

Lifeline Counselling Service: 131 114



[www.desertblueconnect.org.au](http://www.desertblueconnect.org.au)



## THE LIONS CLUB OF CARNAMAH INC

42 Macpherson Street, Carnamah.



### LIONS OP SHOP

The Members of The Lions Club of Carnamah wish to thank everyone for their support throughout the year - it was magnificent. This has enabled us to assist others in our community where and when needed.

The Op Shop is presently closed, but we will look forward to seeing you all again when we reopen on:

**MONDAY 5 FEBRUARY 2024.**

The Op Shop hours will remain the same as previously:

**Monday to Friday 9:00am to 12:00pm**

**Note:** If you cannot get to the Op Shop within these hours, please phone me, **Dot**, on **0407 955 440** and I will open up for you.

### COMMUNITY DONATIONS

Watch out for this announcement in The Mat. Another round of our Community Donations will happening very shortly. Your club, association or group could benefit from a donation of \$500.

### CHRISTMAS CAKES AND PUDDINGS

Although we had good sales of Christmas Cakes and Puddings this year, we still have some in stock. They can be purchased at the Op Shop.

### MEMBERSHIP

At present our membership stands at 5, with 4 being active. It is not easy trying to handle everything with so few members. **We need your help!** Each member volunteers in the Op Shop and has other duties as well. A few extra hands (and brains) would assist our workloads immensely, and.....the more the merrier. Think about it.

Our members trust you all had a Merry Christmas with family and/or friends, and we now take this opportunity to wish you all the very best for the New Year.

Warmest wishes

### DOT CAMERER

Secretary

The Lions Club of Carnamah Inc.

Phone: 0407 955 440



Department of Energy, Mines,  
Industry Regulation and Safety



## CONSUMER WATCH COLUMN

Consumer Protection 50-52 Durlacher Street, Geraldton WA 6530  
Tel: (08) 9920 9800

[www.dmirs.wa.gov.au](http://www.dmirs.wa.gov.au) [www.wa.gov.au](http://www.wa.gov.au)

**With A/Senior Regional Officer for Midwest, Cheryle Dennis**

### **When expectation vs reality doesn't match on Valentine's Day**

Sending your loved one wilted flowers on Valentine's Day probably won't get you the reaction you were hoping for. Before you get a bunch of dead roses thrown in your face, Consumer Protection hopes there's time to explain you have rights under Australian Consumer Law (ACL).

Consumer guarantees kick in on products purchased through Australian-based stores, including online.

When a V-Day gift arrives but isn't what was advertised, such as flowers that are significantly different to the photo, or are wilted, you have a right to a remedy under the ACL, such as a refund, replacement or repair.

You also have rights if your special someone receives their gift late and you were guaranteed a V-Day delivery.

In the first instance, contact the retailer and see what they can do for you. Remember – you do not have to accept a credit note as a remedy.

Guarantees also apply on products purchased through overseas traders, however it is much harder to enforce, so keep this in mind when doing your shopping.

West Aussies should continue to be vigilant to scammers when shopping online. In 2023, online shopping scams claimed 305 WA victims, who lost a combined \$631,315.

To avoid being scammed, look out for social media businesses that display few or no contact details, as well as poorly edited ads with bad English. Also, don't pay for gifts through direct bank transfer, only use PayPal or credit card so you can dispute or request a reversal of charges if your gifts don't arrive.

If you're looking online for a special someone, you should be on high alert for romance scammers as Valentine's Day approaches.

Once a romance scammer has established trust, they will share elaborate stories and ask for money they say is to cover costs with illness, injury, business expenses, duty or customs fees, legal costs, family crises, or travel. Consumer Protection advises you to never share your bank account or credit card details with, or transfer money to, someone you haven't met in person.

For more information about romance scams, visit [scamwatch.gov.au/types-of-scams/dating-romance](http://scamwatch.gov.au/types-of-scams/dating-romance)

If you have tried to seek a remedy for your dead flowers without success you can make a formal complaint with Consumer Protection at [consumerprotection.wa.gov.au](http://consumerprotection.wa.gov.au) or call 1300 30 40 54.

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## KELPIE PUPS FOR SALE

5 very cute pure bred Kelpie pups are now ready for their  
new home. Born 6 Dec 2023

Parents: Red Cloud and Black & tan Kelpie.

Microchipped and vaccinated.

Raised in a loving farm environment.

1 x Red Female, 3 x Black and Tan Male,  
1 x Black and Tan Female

Please call Roger or Angela Dring  
for more information or to meet the pups.

0427 511 036 or 0400 927 800

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Government of **Western Australia**  
**WA Country Health Service**



# Eneabba

## We're here for you

**Hey, Eneabba! From 7 March, WA Country Health Service will begin managing the Eneabba Health Centre.**

**Nothing is changing – you can continue to access care like normal.**

There will be no impact to services. Please continue to access care like you normally would.

We have a long and proud history of caring for communities in rural and remote WA and **we're excited to call Eneabba home.**

### How to get in touch

Contact information remains the same



Corner Grover and King Street  
ENEABBA WA 6518



(08) 9955 1163



[wacountry.health.wa.gov.au](http://wacountry.health.wa.gov.au)



# The Adventures of Claude and Chloe—Two Carnamah Cats

Meet Claude and Chloe two cats who live in Carnamah. Claude is an outside cat and Chloe lives inside.



## Claude the Outside Cat

### *How I spent my day:*

This morning I waited 3 hours out the front of the house while my owner slept in, I was hungry because my food was inside. During that time I had to run away because of someone walking their dog barked and chased me.

I spend all my day trying to catch birds and lizards and dodging the trucks along Yarra street. It was 40 degrees today and I couldn't find any water. I am very scared outside.



## Chloe The Inside Cat

### *How I spent my day:*

My owner has the air-conditioner going so I snuggled up on the couch. When I was hungry I went to my food bowl which was full of my favourite biscuits. When my owner woke up I got to sit next to them at the kitchen table while they drank their morning coffee. It was hot today but my owner had left me lots of water to drink when I was thirsty. At night I get to sit with my owner on the couch to watch my favourite TV show Dancing with the Stars. I felt very safe inside.

It is a common myth that outside cats are happier than inside cats. Outside cats in Carnamah have to deal with dogs, vehicles, dangerous wildlife like snakes, other cats and on hot days need to find somewhere cool to sleep. By keeping your cat inside you are ensuring that they are safe and comfortable. It may take a little more planning to organise a litter tray but it is worth it knowing that your valued pet is safe.

**Make the switch today.**

## Chloe the Inside Cat



Marked Safe From  
Yarra Street Trucks  
Today





## CARNAMAH HERITAGE PARK

### YOUR FAMILY FOOTPRINT IN CARNAMAH

The Friends of the Carnamah Heritage Park are seeking past residents, families or friends of past residents who wish to purchase a plaque at a cost of \$200 (incl GST) for placement at the newly constructed Heritage Park as a record of those people past and present who have contributed on some way to the social and economic life in Carnamah.

Please pass this call out to anyone you know who might be interested.

Park Plaque. For more information please contact:-

Sandie Wallace

Mob: 0475366420

Email: [wallaces58@bigpond.com](mailto:wallaces58@bigpond.com)

Applications can be made by visiting the Shire of Carnamah Website.

Community > Carnamah Heritage Park



THREE SPRINGS - ARRINO, CARNAMAH, COOROW



#### R.S.L. SUB BRANCH

PRESIDENT: Bruce Clampett PHONE: 0427 420 929  
SECRETARY: Con Kikeros PHONE: 0487 822 105

The Three Springs, Arrino, Carnamah, Coorow RSL Sub Branch would welcome new Members to be part of our Sub Branch. If you have been a veteran, or a direct Descendant of a veteran, you are eligible to be a member. If you have worn a service Uniform, you are eligible to be a member of RSL Western Australia. Nurses, Police, doctors Teachers, are also eligible members.

Please contact Bomber or Con, they would Welcome your input.



## FREE Counselling & Mental Health Support

Desert Blue Connect offer free counselling and mental health support services to men and women living in rural and remote areas of the Midwest.

**Make an appointment today!**

Phone: 0419348006

Email: [info@desertblueconnect.org.au](mailto:info@desertblueconnect.org.au)

North Midlands Sub Centre : Coorow, Carnamah, Three Springs & Eneabba

### VOLUNTEER AMBULANCE OFFICERS URGENTLY REQUIRED



**VOLUNTEER TODAY – to ensure your Community will retain its Operational Ambulance Service**

*The Benefits you personally receive are :-*

- **FREE** Ambulance Officer Training
- **FREE** Uniform
- **Free** Provide First Aid course.
- **FREE** ambulance cover.
- Honorariums
- 24/7 Clinical Support
- Assist with delivering an essential service to your community
- Learn life skills that will benefit you in both your volunteering role and your day to day life

**INTERESTED???** **TO APPLY GO TO: [stjohnchangelives.com.au](http://stjohnchangelives.com.au)**  
**OR**

for more information contact: Cathy Macartney Mid-west South Community Paramedic Mob: 0418 475 124, Email: [Catherine.macartney@stjohnwa.com.au](mailto:Catherine.macartney@stjohnwa.com.au)

Vern Muller Chairperson: [vjmuller@live.com](mailto:vjmuller@live.com) 0427 518 212

Merle Isbister Secretary : [Merle.Isbister@stjohnwa.com.au](mailto:Merle.Isbister@stjohnwa.com.au) 0428 511 030



**North Midlands Sub Centre**

### First Aid Kits

If you are looking for a **First Aid Kit** you can contact **St John Ambulance North Midlands Sub Centre**.

We are stocked with a variety of first aid products designed to assist you in a first aid emergency. Whether you're looking for products suitable for your home, workplace or local sporting club, we can help you in finding the right product to meet your needs.

**By purchasing First Aid Kits direct from your Sub Centre you will be supporting your local ambulance service.**

For **Kit Servicing**, please contact St John Ambulance Geraldton Sub Centre.

**We're here to help**

If you have questions or need some assistance, contact our office at [ThreeSprings.Subcentre@stjohnwa.com.au](mailto:ThreeSprings.Subcentre@stjohnwa.com.au) or on 0899541745, between 8.30 and 12.30pm on Tues-Wed-Thurs.  
For Further Information, please contact Merle 0428 511 030  
[merle.isbister@bigpond.com](mailto:merle.isbister@bigpond.com)







Anglican/Uniting Church.

Parish of North Midlands.

In the towns of Three Springs, Carnamah and Coorow tune into 88.0FM for Vision Christian Radio or listen on their website

Contacts:

Diana V 0429 888 558 Phil T 0428 26 581 Wayne S 0414 521 984 Nev B 0427 131 457



NOMINATIONS  
NOW OPEN



8 FEBRUARY 2024

5 APRIL 2024



# Make the Best In-Season Nutrient Decisions



Using nutrient Fuel Gauges and inSITE Plant Analysis, your local Area Manager can help you make the best in-season nutrient decisions.

Speak with Juliet today!

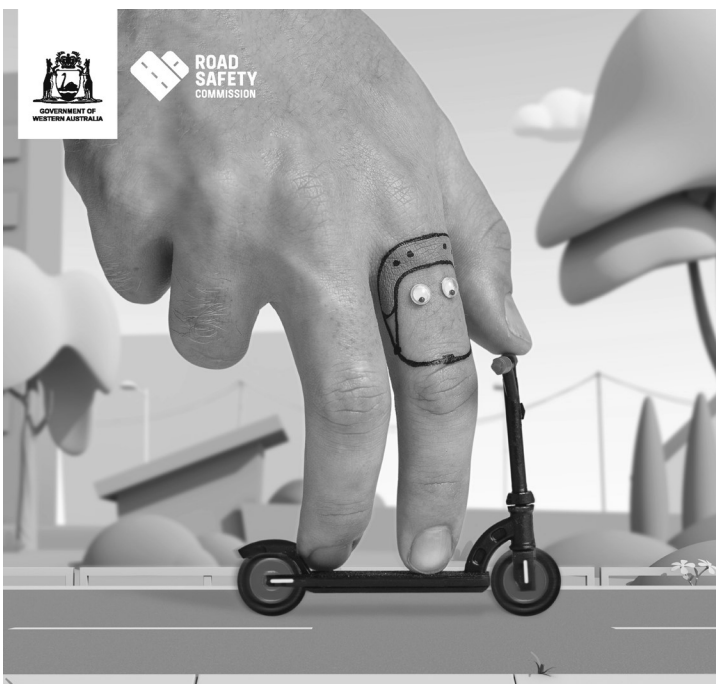
SUMMIT  
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**Juliet McDonald, Area Manager - Coorow**

**Mobile:** 0429 945 332

**Email:** [jmcdonald@summitfertz.com.au](mailto:jmcdonald@summitfertz.com.au)



## Let's roll together, safely.



One person per device

Max speed on footpaths

Max speed on bike paths, shared paths and local roads

No travel on roads >50km/h

Scan for more advice to make every eRide safe



# INDOOR BOWLING

EVERY TUESDAY 9AM – 11AM

CARNAMAH RECREATION CENTRE

Everyone Welcome

Tea & Coffee  
Available

Contact : Joseph Gray

Phone: 0427933434



*Enjoy Friendly  
Company and Fun  
Times*

## Carnamah Men's Shed

P.O.Box 28 Carnamah WA6517

### JOIN OUR GROUP

The members of Carnamah Men's Shed wish to advise that we are inviting expressions of interest from Women and young people keen to participate in the activities of our Shed.

We particularly want to encourage people of younger generations to come along and tap into the acquired wisdom on offer from the Seniors of the Carnamah Men's Shed, not only to learn the skills of metal and woodworking but also to gain guidance in developing life skills that may have been missing whilst growing up.

We meet mainly on Tuesday afternoons around 2pm and offer the opportunity to socialize with other like-minded individuals who share an interest in wood or metal working. Projects may be personal or for the benefit of the community but rest assured you will acquire new skills and knowledge as well as friends if you come along and get involved.

We have a great selection of machines and tools to facilitate achieving your goals as well as a variety of raw materials with which to construct your project.

Come along and introduce yourself!

We meet in the big gray shed opposite O'Driscoll's Engineering in Forrester Avenue, Carnamah.

For more information please contact the following:

President: Lindsay Isbister 0428306969

Secretary: Nigel Robins 0473239275



# From The Shire Archives

Well the one positive thing about this week is that a lot of records work is done inside. You might get the image of dusty books , off colour pages and handwritten manuscripts which wouldn't be too far from the truth. In the last few weeks I have had a bit of an investigation happening. This has meant going back to the 1960's looking for a potential needle in a haystack but important information nether the less. The Shire of Carnamah have the minute and agenda books going all the way back to the 1930's and yes they are dusty but nicely bound. When given tasks to go back into this part of our history what information should I record becomes an interesting question. Information that is recorded may include building notes, strategic council decisions, staff records and even some of the groups that existed that made Carnamah what it is today.

While waiting for the Electors Meeting last week I came across an Electors Meeting from the 1960's where over 40 people attended, granted it was a meeting related to the annexation of the Shire of Coorow from Carnamah but it was interesting to note how these meetings have evolved over time. Communication these days is probably one reason we have less electors turn up to meetings. Updates can now come via Social Media.

We are having a look through some of the boxes in the Archive Room to give you a bit of an idea of the information that local government holds. The next box we are looking at is one called Gas Pipelines. The Dampier to Bunbury Natural Gas Pipeline, as you with a bit of Geographic knowledge may understand, passes through the Shire of Carnamah... Where??? out towards our friends in Eneabba. This was a massive State Government project that began in 1982 and the pipeline reached Bunbury in 1985 (try get that done today). There were land agreements, environmental impact statement, building and planning document and general correspondence all related to this project. Each record need to be kept as an Archive for the State Records Office of WA. So that is what has happened. Every now and then I do have to go back and have a look through this box as there may be information related to locations and the building of the pipeline that interferes with modern endeavors. With the expansion of new technologies I have the feeling that there might be a few more "gas" pipelines into the future, possibly hydrogen but we shall watch this space (or the archive box).

## Shire History

**1963** Council decided that there should be no action to be taken to forming a volunteer Fire Brigade in Carnamah to be reviewed in 12 months

**1964** Cr Forrester raises the possibility of a swimming pool in Carnamah

**1981** Council advise they have no objection to the Woodada Pipeline

# Song Trivia (Match the Lyrics to the Band)

Last Years Answers 1. Bon Jovi, 2. Bryan Adams, 3. Nirvana, 4. REM, 5. Iron Maiden, 6. Chuck Berry, 7. The Beatles, 8. Led Zeppelin, 9. Elvis Presley, 10. INXS, 11. Michael Jackson, 12. Pat Benetar

- |  |                 |
|--|-----------------|
| 1. He'll rekindle all of your dreams it took a lifetime to destroy | The Easybeats   |
| 2. We will listen We'll understand                                 | Kylie Minogue   |
| 3. A moment, a love, a dream aloud                                 | Frente          |
| 4. I never cried I just watched my life go by                      | The Kid Laroi   |
| 5. The TV's on that's what it's for                                | Icehouse        |
| 6. Others get caught in yesterday's papers                         | Ross Ryan       |
| 7. I guess that we were seasons out of time                        | Nick Cave       |
| 8. I am Michael, I am Jeffery and John                             | John Farnaham   |
| 9. Do the five day grind once more                                 | Delta Goodrem   |
| 10. I told you I'd change even when I know I never could           | Wendy Matthews  |
| 11. Hidden in the summer for a million years                       | The Temper Trap |
| 12. In my mind a celebration, the sweetest of sensation            | Midnight Oil    |



I took my 8 year daughter to the office for **Take Your Child To Work Day**. As we walked into the office and I introduced her to everyone she got very upset. So I asked her what was wrong. As my coworkers gathered around she cried saying;

"Daddy where are all the clowns you say worked with you?"

**I had enough of my wife constantly picking on me.**

**"For the last 30 years all you've done is find mistakes in anything I say" I said to her.**

**"31 years" came the cold reply.**

A police officer came to my house and asked me where I was between 5 & 6. He seemed annoyed when I said Kindergarten.

**I have been experimenting with racing deer but people are accusing me of just trying to make a quick buck.**

**Letters: Come up with the longest word possible with the letters below. Last week (Motions)**

**E T E U I O R C G**



## A Tribute to Toby Keith

C	V	M	M	Z	I	B	O	P	L	Z	W	C	J	L	P	S	H	Z	Z
V	V	X	I	F	I	A	L	F	H	T	I	E	K	M	M	B	E	I	N
Y	Y	G	R	F	T	W	H	P	G	N	I	H	U	Q	W	H	R	I	V
H	G	E	W	X	O	N	R	Z	H	O	M	S	G	G	G	H	U	M	X
Q	T	Y	M	N	S	M	R	Y	M	T	R	S	P	A	Q	X	B	X	D
B	U	R	O	G	W	S	X	M	D	C	A	I	F	P	E	V	X	I	D
M	T	T	A	P	R	O	D	U	C	E	R	I	S	M	N	T	R	N	O
O	B	N	D	U	L	N	T	T	W	T	O	G	S	I	Y	A	X	E	B
T	E	U	P	U	Z	G	Z	M	F	Q	D	G	U	F	Y	P	H	S	V
J	E	O	B	F	Y	W	P	K	O	E	F	D	G	V	K	W	Z	C	Q
Y	R	C	V	E	U	R	M	H	H	O	S	U	A	H	C	G	C	Z	C
Y	B	G	W	D	N	I	S	S	X	V	B	S	F	P	P	R	X	X	O
Q	U	V	X	P	W	T	A	L	S	M	P	M	M	A	U	C	R	E	O
L	T	I	X	F	M	E	M	M	P	C	Q	U	Q	C	S	R	Y	G	Y
C	I	P	V	W	L	R	F	C	J	E	Y	B	O	T	I	J	J	C	Q
W	K	D	O	N	U	V	Z	U	A	T	O	I	W	O	F	S	C	V	K
T	Q	B	U	S	Y	Y	L	D	U	H	W	Z	M	R	V	O	U	L	P
U	F	P	S	I	N	G	E	R	Q	A	C	C	E	S	P	V	Z	M	O
P	B	F	I	C	O	V	E	L	T	D	R	O	C	E	R	G	C	Y	V
G	E	S	E	S	R	O	H	D	G	I	C	B	I	L	D	W	A	U	K

COUNTRY  
TOBY  
PRODUCER  
HORSES  
UNLEASHED

MUSIC  
KEITH  
RECORD  
ACTOR  
COVEL

SINGER  
SONGWRITER  
BEER  
BOOMTOWN

## SCATTERGORIES

Try to complete the lists. Complete game 1 then see if you can find a different answer for game 2.

### Letter P

Game 1.


Game 2.


Transportation  
School Subject  
Furniture  
Found in the Ocean  
Notorious People  
Internet Lingo  
Cooking Utensils  
Things in the Sky  
Diseases  
Vacation Spots

### Carnamah Tennis Club Fixtures 2023

2023	Time	Tennis		Cleaning
Friday, 6 <sup>th</sup> October	6pm	Opening Night	BBQ	Busy Bee
Sunday, 15 <sup>th</sup> October	3pm	Social Tennis		Isbister
Sunday, 22 <sup>nd</sup> October	3pm	Social Tennis		Fowler
Sunday, 29 <sup>th</sup> October	3pm	Social Tennis		-
Sunday, 5 <sup>th</sup> November	3pm	Tennis West Group Coaching Session	BBQ	Hutton
Sunday, 12 <sup>th</sup> November	3pm	Social Tennis		Opalinski
<b>Friday, 17<sup>th</sup> November</b>	6pm	<b>Mixed Doubles Championship</b>	BBQ	Haeusler
Sunday, 26 <sup>th</sup> November	3pm	Social Tennis		Brown
Sunday, 3 <sup>rd</sup> December	3pm	Handicap Doubles		Dring
Saturday, 9 <sup>th</sup> December	TBA	Zone Junior Tennis Tournament in Coorow		
Sunday, 10 <sup>th</sup> December	3pm	Social Tennis		Broun
<b>Saturday, 16<sup>th</sup> December</b>	3pm	<b>Singles Championship</b>	Christmas Dinner	Camac

2024	Time	Tennis		Cleaning
Saturday, 6 <sup>th</sup> January	4pm	Twilight Tennis		-
Saturday, 13 <sup>th</sup> January	4pm	Twilight Tennis		-
Saturday, 20 <sup>th</sup> January	4pm	Twilight Tennis		-
Saturday, 27 <sup>th</sup> January	3pm	Fast Four Tennis		
Saturday, 3 <sup>rd</sup> February	3pm	Can and Bottle Day		
Saturday, 10 <sup>th</sup> February	3pm	Social Tennis		
Saturday, 17 <sup>th</sup> February	3pm	Kings and Queens of the Court		
Saturday, 24 <sup>th</sup> February	3pm	Social Tennis		
<b>Saturday, 2<sup>nd</sup> March</b>	3pm	<b>Doubles Championship</b>		
Saturday, 9 <sup>th</sup> March	3pm	Social Tennis		
Saturday, 16 <sup>th</sup> March	3pm	Social Tennis		
Saturday, 23 <sup>rd</sup> March	3pm	Closing Day		

# CARNAMAH COOROW BASKETBALL ASSOCIATION



## WOMEN'S BBALL

Week 7 results:

Lakers 60 def Madpies 33 – top scorers – Katrina 16, Bertha 15, Jett 11

Queens 50 def Stars 15 – top scorers – Lydia 12, Alyce F 10, Callum 10

	P	W	L	D	PTS	FOR	AG	%
LAKERS	7	7	0		28	377	181	208%
MADPIES	7	3	4		12	267	314	85%
STARS	7	3	4		12	190	243	78%
QUEENS	7	1	6		4	187	281	67%

Next games: 14 FEB –

630PM - Queens vs Madpies (INSIDE)

730PM - Lakers vs Stars (OUTSIDE E)

## MEN'S BBALL

Week 8 results:

TS Suns 46 def Bunjil Bandits 44 - top scorers – Jesse T 25, Rylie P 16, Connor 13

MO Ag 43 def Benchwarmers 34 – top scorers – Robbie 21, Ashton 12, Damo 10

Morawa 57 def OCS 50 – top scorers – Henry 19, Travis 15, Bundy 14, Bruce 12

	P	W	L	D	PTS	FOR	AG	%
MORAWA	8	7	1	0	28	440	295	149%
OCS	8	7	1	0	28	339	283	120%
BUNJIL BANDITS	8	4	3	0	16	318	252	126%
TS SUNS	8	3	5	0	12	303	310	98%
BENCHWARMERS	8	2	6	0	8	238	335	71%
MORAWA AG	8	1	7	0	4	205	368	56%

Next games: 14 FEB –

730PM MORAWA VS BUNJIL BANDITS (OUTSIDE W)

730PM TS SUNS VS MORAWA AG (INSIDE)

830PM BENCHWARMERS VS OCS (INSIDE)

\*\*\*\*Remember umpire duties before or after game \*\*\*\*

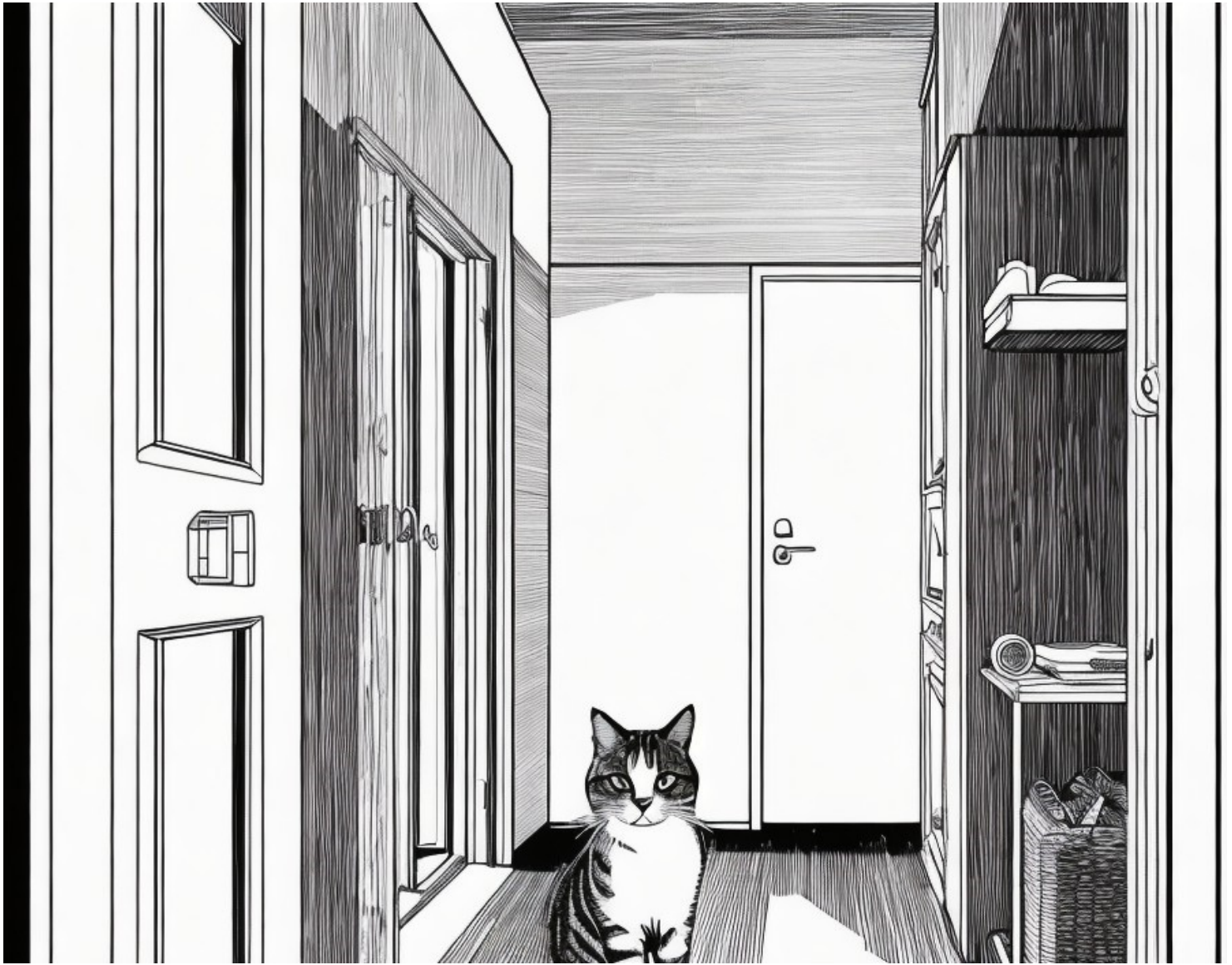
### 2023/24 committee

President  
Justine Camac 0429 951 000

Secretary  
Barb Smallwood 0459 222 235

Treasurer  
Alan Chisholm 0429 365 678





Make The Switch  
Keep Your Cat  
Inside